



E-bulletin Library and Documentation Unit

..... *Honor the past and create the future*

INSIDE THE ISSUE

VIOLENCE AGAINST WOMEN : DOMESTIC VIOLENCE

VIOLENCE AGAINST WOMEN: DOMESTIC VIOLENCE

- ✓ RESEARCH
- ✓ TRAINING
- ✓ EDUCATION
- ✓ ADVOCACY & CAMPAIGN

ADVOCACY MATERIAL

CEHAT RESOURCES

LIBRARY RESOURCES

MULTIMEDIA COLLECTION & REVIEW

NGO'S WORKING ON VAW

ONLINE RESOURCES

SEMINAR, CONFERENCES & COURSES

CEHAT IN NEWS

PUBLICATIONS

RESEARCH REPORTS

ARTICLES AND PAPERS

RESOURCE MATERIAL

BROCHURE &

BOOKLET

VAW STUDIES

This e-bulletin gives an overview of the work done by CEHAT on Domestic Violence (DV) with a summary of the research, advocacy, training, education done on DV. It also highlights the collection that is available at the Library and Documentation Unit of CEHAT on Domestic Violence.

CEHAT has been actively working on issues related to human rights and violence. With the aim to sensitise the public health system to gender and violence issues, in 2001 CEHAT in collaboration with the Public Health Department of the Municipal Corporation of Greater Mumbai established **Dilaasa** at K B Bhabha Hospital, Bandra West, Mumbai. Dilaasa is India's first hospital based crisis intervention department for women. Another such department was initiated at Kurla Bhabha Hospital, Mumbai in the year 2006. This year in February 2009 another counselling centre was inaugurated at M.Y. Hospital, Indore. . . [Read more](#)

RESEARCH

CEHAT conducted a research study to understand the prevalence, nature, causes, help seeking behaviour, and community response to domestic violence against women in a poor urban slum community. This study brings out clear evidence of wide-spread prevalence of domestic violence within the community, looks at the reasons for the violence and explores what women do to seek help to come out of such a situation. . . [Read more](#)

In 2005 Peהל was initiated which was aimed at developing a resource centre in CEHAT, through developing curricula, conducting research and training on gender based violence.

In 2005 Pehel was initiated which was aimed at developing a resource centre in CEHAT, through developing curricula, conducting research and training on gender based violence. Pehel has undertaken various research studies in order to understand the hospital system, role of the Health care Providers, abuse faced by women and also abuse faced by women workers.

- ☐ To understand on how HCPs view domestic violence as a legal problem, to understand the experience of health professionals who have been part of the training cell.
- ☐ To study the pattern of abuse, its impact; profile of women accessing the counseling services, the nature of interventions suggested and the extent to which women's expectations are met.
- ☐ To study the procedures for registering Medico-Legal cases (MLC), in order to identify gaps and to advocate for a uniform procedure for documentation of MLC cases .
- ☐ To develop a set of guidelines for counselling in domestic violence.
- ☐ To develop a book that documents feminist counselling practices across the country.
- ☐ To understand the nature of abuse faced by women workers ,to understand the mechanisms through which women workers address the abuse perpetrated against them, to examine the arrangement of deputing nurses for counselling.
- ☐ To identify the problem whether it is selection of staff, relief from other hospital duties, departmental pressure or staff shortage. . . [Read more](#)

TRAINING

Training is an important component of the Dilaasa model. The hospital staffs were trained to address women facing domestic violence. Initially peer to peer training was started. Once key trainers were trained, they were given the responsibility of taking initiative and training their own cadre of staff - doctor for doctors, nurses for nurses, and so on. By 2004, Dilaasa had received a lot of attention from other public hospitals in Mumbai. . . [Read more](#)

Establishing a Training Cell (2006- 2009):

A training cell was formed to share resources and experiences of HCPs dealing with domestic violence, as well as provide them with formal roles of trainers with the aim of mainstreaming the training cell in the current health system. The training cell also looks into issues concerning patients in general, whether it was about improving communication skills on the part of the hospital staff, getting together to put forth the problems that they were facing due to lack of basic facilities for the patients, or about demanding a salary revision. The cell is moving towards ensuring that the public health department recognise it and allocate yearly funds for its activities. . . [Read more](#)

The training covered issues such as understanding of the concept of domestic violence as a health issue, its consequences on women's health, roots of domestic violence, patriarchy, role of health systems screening methods, communication skills and eventually how to become trainers. The tools used for training included role plays, case studies, and discussion debates, etc. This is a continuous process.

ADVOCACY & CAMPAIGN

Along with the service provision and training, efforts are being made to create awareness about the issue and change of attitude in society about violence against women. The main objectives of advocacy is to create awareness about gender based violence and its consequences on women; to create awareness about the crisis centre and its services amongst organisations, other hospitals, health posts and maternity homes and community at large. . . [Read more](#)

WEBSITE ON VIOLENCE AGAINST WOMEN <http://violenceagainstwomen.cehat.org>

CEHAT has put together a website on Violence Against Women (VAW). This website provides health care providers and survivors of violence against women with resources to understand and respond to VAW. The website has five sections -



- 1) Violence Against Women:** This includes definitions, various forms of violence, causes of VAW, role of the women's movement in addressing it and prevalent myths related to the issue. The resources in this section are directed at health care providers and survivors, as well as the general public.
- 2) Health Care Providers:** This section provides information specifically for health care providers, elaborating on their role in responding to cases of VAW.
- 3) Survivors:** This section provides information for those who are facing violence. It has been divided into information for domestic violence and sexual assault.
- 4) Resources:** This section consists of a list of resources including IEC material, guidelines, brochures, pamphlets etc that have been developed in CEHAT over the years on this issue. It also contains soft copies of training modules.
- 5) Dilaasa:** This section consists of information about Dilaasa, and the services it provides.

EDUCATION

National Course For Health Professionals

This national level course on violence against women is aimed at health care professionals in order to bridge gap that exists in medical education on the issue of gender-based violence and the role of health-care providers. The course structure has been developed in collaboration with a core faculty. The methodology followed in the course are largely participatory which includes role plays, debates, presentations by participants, analysis of case studies. [read more...](#)

ADVOCACY MATERIAL

The Resource materials are in the form of brochures, pamphlets, guidelines, calendars and posters. The material is developed in order to get more referrals and also to increase the visibility of Dilaasa. The posters are mainly put in the hospitals in order to get more referrals to Dilaasa.

Posters :

These posters are based on following themes.

- ☞ "मेरे माता-पिता" - इन हालात को बदलना होगा ।
- ☞ पाठ फिरवू नका - स्त्रियांवरील हिंसा थांबवा ।
- ☞ मरना नहीं जीना सीखो ।
- ☞ मत डरो, मत सहो जुल्म इतना । बयाँ करो दर्द, माँगो हक अपना । अत्याचार के मिलाफ कदम उठाओ अपना ।
- ☞ नारी तू ना समझ खिलौना खुदको अत्याचार के खिलाफ लड़ना है तुझको ।
- ☞ जुल्म सहकर चुप रहती हो क्यों ? हौसला बढाओ और सबल बनाओ खुदको ।
- ☞ वो कुछ भी कहें, हिंसा की वजह आप नहीं है ।
- ☞ सहनशीलता का घूँघट हटाइये, अत्याचार के खिलाफ आवाज उठाइये ।
- ☞ हर बच्चे को भेदभाव, असमानता और हिंसा से आजाद जिंदगी जीने का अधिकार है ।
- ☞ आप भी बहुत कुछ कर सकते हैं । उसके अनुभवों को मान्यता, निर्णय का सम्मान और क्षमता पर विश्वास कीजिए । हिंसा की वजह वो नहीं है ।



Brochure / Pamphlet :

- आपका जीवन अमूल्य है | आइये, हम और आप मिलकर इसकी हिफाजत करे |
- जीवन हे जगण्यासाठी आहे. आपण मिळून हा विश्वास निर्माण करू या.

Calendar :

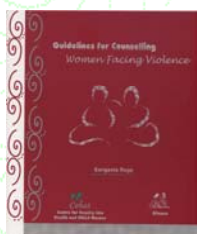


CEHAT RESOURCES : NEW PUBLICATIONS

Challenges in Domestic Violence Counselling : a casebook / Sangeeta Rege; Padma Deosthali and Qudsiya Contractor & Counsellors : Chitra Joshi, Sangeeta Rege, Mrudula Sawant, Rashmi Thakker, Sanjana Chikhalkar, 2010



This case book presents 15 narratives bringing forth fairly common but some of the most complex real-life scenarios in the lives of women's facing domestic violence. Each narrative has woven together the case scenario as it developed and counsellor's response to the woman concerned to the unfolding of complex issues with ethics at the centre stage. The perspectives are that of counsellors as they grappled to resolve the ethical challenges involved.



Guidelines for Counselling: Women Facing Violence / Sangeeta Rege

These guidelines are primarily meant for enhancing skills and attitudes of those dealing with Violence against Women at the hospital setup but would be useful to others too.

These guidelines provide a perspective on the issue and also has real life examples. These guidelines are developed from the feminist perspective the counselling would enable the women to understand the cause of violence lies external to them and the root of violence are based in patriarchy.



Dilaasa Crisis Intervention Department for Women : A Report by CEHAT and The Public Health Department K. B. Bhabha Municipal Hospital

A small report on Dilaasa Crisis Intervention Department for Women Joint initiative of CEHAT and Public Health Department of K. B. Bhabha Municipal Hospital, Mumbai.

मध्यप्रदेश में महिलाओं के प्रति हिंसा और स्वस्थय समाधान के दिशा में एक पहल / दिलासा महिला घरेलु हिंसा राहत विभाग, एम्. वाय. अस्पताल, इंदौर (म. प्र.)

दिलासा की एक साल की गतिविधियों पर आधारित रिपोर्ट



Guidelines for Health Professionals in Responding to Domestic Violence

The guidelines describes the health consequences of domestic violence and the role of healthcare providers in address them. These guidelines are developed in English, Hindi, Marathi and Gujarati.

[English Guidelines](#) [Hindi Guidelines](#) [Marathi Guidelines](#) [Gujarati Guidelines](#)

चौकट तोड़न बघतांना / रश्मी दिवेकर आणि प्रमिला नाईक

हिंसा म्हणजे काय? हिंसा कोणत्या प्रकारची असू शकते? हिंसेचे आरोग्यावर होणारे परिणाम कोणते? हिंसेला प्रतिबंध घालता येईल का? व कसा? हिंसाग्रस्त स्त्रियांना आपण काय मदत करू शकतो? या अनेक प्रश्नांची उत्तरे या पुस्तिकेच्या माध्यमातून सोप्या व चित्रमय स्वरूपात मांडण्याचा प्रयत्न केलेला आहे. हि पुस्तिका कार्यकर्त्यांना आणि स्त्रियांना उपयोगाची आहे.

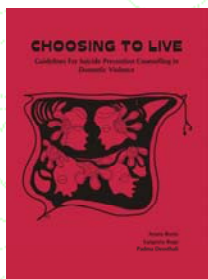
Breaking the Culture of Silence / Aruna Bhurte

'Breaking the culture of silence' places Domestic Violence within the context of the feminist movement of 1980s in India. It highlights the democratic and left movements that created space for raising issues related to women's rights. This booklet is intended to capture the process that has enabled women to break the culture of silence that has hitherto surrounded their trauma.



Establishing Dilaasa : Documenting the Challenges

Dilaasa is the first hospital-based crisis centre in India for women survivors of domestic violence. It provides social and psychological support to women facing domestic violence. This publication is an effort made towards documenting various challenges posing Dilaasa while it was being established. The chapters such as Dilaasa's Model of Collaboration, Formative Period, Counselling Model and Strategies, Training Model and Strategies and Lessons Learnt and Recommendations consist of detailed information of Dilaasa's development. These experiences are of immense importance to those who want to set up similar centres for victims of domestic violence. [Download full document](#)



Choosing to Live : Guidelines for Suicide Prevention Counselling in Domestic Violence

Choosing to live is the message underlined in the guidelines compiled for preventing suicides due to domestic violence. The book provides an in-depth understanding to suicidal tendencies, reasons or causes of suicides, means adopted for committing suicides, efforts to prevent such incidences by recognizing risk factors, consequences of such actions and psychological impact of domestic violence. The guidelines for effective counselling and techniques needed for counselling are helpful to those who want to reach out to persons suffering from such tendencies [Download full document](#)

Process Documentation of Training of Trainers

This document gives a detailed documentation of the training sessions that were undertaken to train the hospital staff on domestic violence as a health issue, gender and violence and role of health care professionals in responding to domestic violence. This documentation of the process of training hospital staff as trainers will be a useful resource for those endeavoring to sensitize the health system.



HIGHLIGHT LIBRARY RESOURCES

Library has very informative and rare collection related to Violence against women, Domestic violence, Sexual violence, Guidelines for counseling, Government of India's act & rules, Lawyers collective's act & rules and many more related areas. Library has around 170-200 books on this issue. Library collection covers types of resources like books, articles, documentaries, posters, informative booklets, and other print and non-print material... [Online Public Access Catalogue of Library](#)



It also includes other Educational institutions and NGO's publications and papers. Library material on this issue is available in Hindi and Marathi languages.

Books and articles written by well-known authors and subject experts like are available in CEHAT Library resources.

CEHAT has also published reports, papers, pamphlets, posters and guidelines related to Violence against women, Counselling guidelines for women facing violence.

MULTIMEDIA REVIEW

CEHAT Library has valuable collection of Documentaries on Violence against women including CEHAT's own documentary which is on Dilaasa : Crisis Intervention Departments for women title : One Stop Crisis Centre.



All documentaries gives different insights, case histories, activists kit information to prevent violence against women by Africa, educators guide to prevent domestic violence and many more related topics.

MULTIMEDIA COLLECTION

- ☐ Acid Violence
- ☐ SASA ! : A Film About Women, Violence And Hiv/aids.
- ☐ Bol : A Television Campaign Against Domestic Violence.
- ☐ Domestic Violence Against Women
- ☐ Char Diwari
- ☐ International Conference 1998 (English) (Part I)
- ☐ One Stop Crisis Centre
- ☐ Strength In Action : Educator's Guide To Preventing Domestic Violence

NGO'S WORKING ON VAW

WHO

Breakthrough

RAINN

FVPF

IFHHRO

UNIFEM

Lawyers Collective

OTHER ONLINE RESOURCES



CAMPAIGN

Helpguide.org : Helpguide's expert, ad-free articles help you take charge of your life and make healthy choices.

[Openthesis](#) : Upload and Search Theses & Dissertations

[Community college consortium for open educational resources](#)

Find *open* and free textbooks that may be suitable for use in community college courses from the list of [Subjects](#) provided. For descriptions of these open textbooks, see listings in [MERLOT](#) and [OER Commons](#). Most of the textbooks on this list have Creative Commons (CC) open licenses or GNU-Free Document License. Others are U.S. government documents in the public domain (PD).



[A safe world for women : The 2011 campaign](#)

[Global Virtual Knowledge Centre to End Violence against Women and Girls](#)

The one-stop centre will support practitioners around the world in effective design, implementation, monitoring and evaluation of policies and programmes. The web-based site brings together lessons learned and recommended practices gleaned from initiatives in all regions, whether originating from the women's movement, civil society organizations, governments, the UN system or other actors. The centralized database is fully searchable and available in English, French and Spanish. [Read more](#)

[Silence Cries \(Violence and Crime Against Women\)](#)

[Violence against women in India](#)

[Witness - Ending the Violence - Part 1](#)

[Witness - Ending the Violence - Part 2](#)



Conference Alerts
Academic Conferences Worldwide



[PUBLIC HEALTH CONFERENCES WORLDWIDE](#)

www.cehat.org

**DILAASA : CRISIS INTERVENTION
DEPARTMENTS FOR WOMEN**

HEAD OFFICE: CEHAT

Survey No.2804 &2805
Aram Society Road, Vakola
Santacruz (E.)
Mumbai - 400 055
Tel : 022-26673571/ 26673154
Fax : 022-26673156
Email: cehat@vsnl.com

DILAASA - MUMBAI

Department No. 101
K.B. Bhabha Municipal Hospital,
R. K. Patkar Marg, Bandra (W.)
Mumbai - 400050
Tel : 022- 26400229 (Direct)
26422775/266422541 Ext. 4376, 4511
Timings: 9.00a.m. to 4.00p.m.
(Monday - Friday)
9.00a.m. to 12.00 noon Saturday
Email: dilaasa@vsnl.net

DILAASA - MUMBAI

Department No.15
K.B.Bhabha Municipal Hospital
Belgrami Road, Kurla West
Mumbai - 400070
Tel : 022-26500241 Extn.212
Timings: 9.00a.m. to 4.00p.m.
Wednesday and Thursday
Email: dilaasa@vsnl.net

DILAASA - INDORE

M. Y. Hospital
Indore (M.P.)
Tel : 0731 – 2524288
Email : dilaasaindore@gmail.com

CEHAT IN NEWS :

Recent News

[Women TB patients face bias, violence](#)

Hindustan Times - 18 Jul 2010

“Our *Dilaasa* crisis centres see many women facing domestic violence and being driven out of the house after being diagnosed with TB or HIV,” she said. ...

[“Good health is India's basic need”: Easier said than done Mr Prime ...](#)

Northern Voices Online - Sep 8, 2009

... in a paper published by Centre for Enquiry into Health and Allied Themes (CEHAT). “In a situation of continuing poverty, this can only lead to increased ...

[Not enough beds](#)

Down to Earth - Down to Earth (subscription) - Aug 15, 2009

The low bed-patient ratio reflects poor healthcare in India, but the survey does not give the full picture, said **Padma Deosthali** of the Centre for Enquiry ...

Google news